



Week Four: Words Build Worlds



Conversation Starters (20 Minutes)

- What changes did you list and make last week?
- What do you appreciate most about your childhood?
- If you could change anything about your childhood, what would it be?



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_____ build _____ .

There is _____ and _____ in our words.

_____ creates _____ .

If you freak out and use discouraging words when your kid tells the _____ , you have just taught your kid to _____ to you in the future.

What gets _____ or _____ gets repeated.



Group Discussion (45 Minutes)

1. Can you think of a time a parent, coach, or teacher said something to you as a kid that still encourages or hurts you to think about today? If so, please share it with the group.
2. Read aloud **Genesis 1:1-3, 6, 9, 11, 14, 20, 24, 26, 29**. After reading these verses, what does this tell us about the power of words?



Group Discussion (Continued...)

3. **Proverbs 18:21** says the tongue has the power of life and death. Also referring to the power of words, **James 3:8** states the tongue is untamable by our own willpower. In other words, our words are powerful and often out of control. As a parent, what do you do to help control your tongue? What do we need to be teaching our kids about words?
4. It is inevitable we are going to say things, not say things, or use a tone that will crush our kids. Discuss a time you have apologized to your kid and how that impacted your relationship?
5. How are you encouraging telling the truth in your home?
6. Read aloud **Ephesians 6:4**. What are some ways we can be spiritual leaders for our kids to “raise them up in the training and instruction of God?”
7. Read aloud **Mark 1:11**. Words build up our kids. Kids thrive when they know they are loved, belong, and are special. What specifically do you need to routinely say to your kids to communicate they are loved, belong, and are special?
8. What gets encouraged and celebrated gets repeated. What do you need to be encouraging and celebrating more?



Prayer (10 Minutes)

How can we pray for you in your parenting this week? After everyone has time to answer this question, spend some time praying for each other as a group.



Action Items (Complete on your own)

1. In question 7 of the Group Discussion, you discussed what specifically you need to routinely say to your kids to communicate they are loved, belong, and are special. Write a few sentences below you could begin routinely saying to your kids to build them up.

2. The Bible has several blessings written in scripture. We also find stories in the Bible of parents blessing their kids. It is a powerful habit to pray or speak a blessing to your kids. Below are several blessings found in scripture. Read each one.

- May the Lord bless you and keep you; may He smile on you and be gracious to you; may He look your way and give you peace. (Numbers 6:24-26)
- May God give you the desire of your heart and make all your plans succeed. (Psalm 20:4)
- May God be gracious to you and bless you and make His face shine upon you. (Psalm 67:1)
- May you experience the love of Christ, though it is so great you will never fully understand it, and may you be filled with the fullness of life and power that comes from God. (Ephesians 3:16)



Action Items (Continued...)

- I pray that Christ may live in your hearts by faith. I pray that you will be filled with love. (Ephesians 3:17)
- May your love abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God. (Philippians 1:9-11)
- May you be strengthened with all power, according to God’s glorious might. May you be filled with joy. (Colossians 1:11)
- May the Lord make you grow in love for each other and for everyone. We have this kind of love for you. (1 Thessalonians 3:12)
- May the Lord of peace Himself give you peace at all times and in every way. (2 Thessalonians 3:16)

a) Which blessing would you choose to routinely say to or pray for your kids?

b) Why did you choose that blessing?
