

Heaven and Hell || What Happens After You Die?

Group Notes

INTRODUCTION

There are some things about death that remain a mystery. However, the Bible tells us that one day, Jesus will return and permanently end sin and death and usher in an eternal existence for He and His church to live together. Although nobody knows when this day will come, we do know that our life is short and our end is coming soon. We also know that those who trust in the sacrifice of Jesus, that He paid the penalty for their sins, will spend eternity with Him. It is because of this hope that we do not need to worry about death, but instead be ready by living our lives on mission to help people meet, know, and follow Jesus.

CONVERSATION STARTERS

1. What would you do if you had only 24 hours to live?
2. Everyone knows the phrase “you can’t take it with you”, but if you could, what is the one thing you would take with you when you die?

SERMON NOTES REVIEW

Looking back at your message notes from this weekend’s teaching, was there anything that caught your attention, challenged you, or confused you?

WATCH THE VIDEO

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GROUP DISCUSSION

1. What have you always thought happens when you die?
2. Have you ever had a near death experience? How did this change your view on life?
3. In [Psalm 90:10-12](#), wisdom is shared by telling us to “number our days”. How do you number your days? If you knew how many days you had left, in what ways would that change the way you live?
4. In [Ecclesiastes 7:2](#), Solomon says “It is better to go to a house of mourning than to go to a house of feasting”. Think of the last funeral you attended. How have you experienced Solomons words to be true?
5. There are three things we can do with time: waste it, spend it, or invest it. Take an honest assessment, where are you investing your time? What needs to change to ensure you are investing in things that are eternal?
6. As believers in Christ, we have hope of eternal life in Jesus. One of the most famous verses in the Bible, [John 3:16](#), tells us that “whoever believes in Jesus will not perish but have eternal life”. What does “eternal life” mean to you?

PRAYER

Go around your group and ask for prayer requests. As a group, spend time praying over each other. Is the topic of death tough for you? Pray for the Holy Spirit to bring peace and comfort as you remember the hope you have in Christ. Ask God to reveal any areas of your life where he is asking you to trust him. Ask for the wisdom to know the right things to do, and the courage to do them.

ANNOUNCEMENTS

- Want to dive a little deeper into this conversation of what happens to you after you die? Take a moment to read [What Happens After Death](#), an article written by Justin Martz, Ministry Assistant to Lead Pastor at Sun Valley.
- Baptisms are coming up on December 3 and 4. If you have said YES to Jesus but have not been baptized, this is your next step! Sign up at baptism.sv.cc
- As you look at investing in things that are eternal, consider if a global mission trip is the right next step for you. Our March 2023 mission trip to Nicaragua is coming up and could be your opportunity to serve and love in a way that has eternal impact! [Register](#) today!