

Forgiven || How To Forgive Others

Group Notes

INTRODUCTION

Bitterness says, “You owe me.” When somebody wrongs us there is a debt that is owed to us. Anger left unchecked becomes bitterness. Bitterness is one of the greatest poisons of the heart. To forgive is to free ourselves of another person’s sin. We identify with whom we are bitter. We evaluate what they owe us. We choose to cancel the debt and close the account.

CONVERSATION STARTERS

1. Do you have any crazy roommate experiences?
2. What is the weirdest thing in your fridge right now?

SERMON NOTES REVIEW

Looking back at your message notes from this weekend’s teaching, was there anything that caught your attention, challenged you, or confused you?

WATCH THE VIDEO

[CLICK HERE](#)

GROUP DISCUSSION

1. Has there ever been a time in your life when bitterness began to take root in your heart and what were the effects of that?
2. Have you ever sought forgiveness from someone else who was bitter towards you? What was the outcome?
3. Read [Hebrews 12:15](#): How can you as a group model what this verse says to do when it comes to the topic of bitterness?
4. Robert spoke about trust. How have you built back trust with someone after you have forgiven them?
5. Jesus demonstrated forgiveness throughout His ministry. Read [Matthew 18:21-35](#). How did Jesus illustrate forgiveness in this passage and what can we learn from it?

PRAYER

Go around your group and ask for prayer requests. As a group, spend time praying over each other. Check your HEART. Are you Hurting, Exhausted, Angry, Resentful, or Tense? Pray for the Holy Spirit to reveal any of these areas and ask for help to take the necessary steps to find healing.

ANNOUNCEMENTS

- Baptisms are right around the corner on May 6 and 7. If you have said Yes to Jesus, baptism is your next step. You can find out more information and sign-up at baptism.sv.cc.
- Celebrate Recovery is a safe place for anyone with hurts, habits, and hang-ups. Learn more and find a campus near you to start your recovery at cr.sv.cc
- Women's Sprint has started up but it is not too late to join in! To find locations and times and to register go to womens.sv.cc
- Are you interested in going on a Global Mission Trip to Nicaragua in 2024? Let us know by signing up on our [Nicaragua 2024 Interest form](#) today!