

Speak Life | Week 3

Introduction

What is the most dangerous part of your body? The most sinful part of your body? What part of your body is the most powerful? The most dangerous and powerful part of your body is not your hidden parts or your muscles, but your mouth. A sentence can change the course of someone's life for better, or for worse. We must be wise with our words. This sermon is on how to tame your tongue, manage your mouth and watch your words.

Conversation Starters (10 minutes)

- Who in your life used their words to build you up? What were the circumstances, and what did they say?
- How did you spend time with Jesus this week?

Sermon Notes Review (15 minutes)

What stood out, challenged, or impacted you from this weekend's message?

[Watch the Video](#) (5 minutes)

Click the link above to watch the video.

Group Discussion (45 minutes)

1. When was a time when something ugly or bitter in your heart leaked out through your words, and what was the result?
2. Who in your life is most often on the receiving end of your hurtful words?
3. Read [James 3:1-17](#)
 - a. What are some things you observed from the passage?
4. How have you found this passage to be true in your life? Read [James 1:19-20](#)
 - a. If God wants us to live according to the above verses, how well do you live this out?
 - b. Knowledge is knowing that God wants us to use our words to build people up rather than tear them down; wisdom is doing this. What is one way you can do this in the coming week?

Prayer (5 minutes)

Use your own words or the words below:

Jesus, thank you for this time together. Please help me be wise with my words this week, regardless of the circumstances, and I bless people rather than curse them. Please help me represent you with my words and actions. Please show me where I need to grow in this area this week. We love you, Jesus. In your name we pray, Amen.

Announcements (5 minutes)

- A great way to serve your friends, neighbors and family members who don't know Jesus is to invite them to join you for Alpha. The Alpha Course is designed for those who identify as atheist or agnostic but are open to exploring questions of faith. You can find more information and register [HERE](#)
- Ready to learn more about the Bible and how to study it? Check out Sun Valley University. Our next course begins October 1. Find more information and register [HERE](#).
- Sun Valley Marriage Course starts soon! Get registered by going to marriage.sv.cc