



Week Five: The Power of Example



Conversation Starters (20 Minutes)

- Last week, your action step was to write out what you could routinely say to your kids to help them feel they are loved, belong, and are special. Share with the group what you wrote.
- What did you learn from your parents? Pick 2 or 3 words that describe the characteristics you've learned from your parents. (i.e. respect, love, fun)
- Hypocrites: We've all known some and we've all been guilty of being one at some point. Describe a time in your parenting when you felt like a hypocrite.



Watch The Video (15 Minutes)

More is _____ than _____ .

One of the most powerful things you can do is _____ to them.

Humility is the fuel behind all _____ and _____ improvement.

You are _____ your kid day in and day out, whether you _____ it or not.



Group Discussion (45 Minutes)

1. What are you modeling well for your children?
2. In your parenting, what are you modeling poorly or not modeling at all?
3. How are you modeling a healthy marriage for your kids? If you aren't married, in what ways are you modeling healthy relationships?
4. Since our marriage and relationships impact our kids so much, what do you need to do to improve your marriage or relationships?
5. Is how you are spending your time modeling a healthy way of life for your kids? (Think about how much time you are spending at work, at church, doing activities, with your kids, with your spouse, with your friends, etc.)
6. Read aloud **Luke 10:27**. At Sun Valley, we often say, in the end, all that matters is God and People. We are called to "Love God, Love People."
 - Do your children know you love God? If so, how do they know?
 - In what ways does your family "love people?" What other ways could your family love others?
7. Prayer is a powerful spiritual practice to model for your kids.
 - What are your family's prayer habits?
 - When do you pray?
 - How do you pray?
 - Where do you pray?
 - What do you pray about?



Prayer (10 Minutes)

How can we pray for you in your parenting this week? After everyone has time to answer this question, spend some time praying for each other as a group.



Action Items (Complete on your own)

1. Complete the T-chart below. On the left, write things you want to continue to model well. Be specific. For example, don't just write "prayer", write "praying at dinner every night." On the right, write specific things you'd like to model better or start modeling.

CONTINUE MODELING	MODEL BETTER/START MODELING

2. Question 4 during the Group Discussion time asked "What do you need to do to improve your marriage?" Have an in-depth and honest conversation with your spouse about how you both could improve your marriage.